Training activity	EC (max)
Thematic training	
MHeNs "Topics in Translational Neuroscience" workshops (0.5 EC each)	3
Other MHeNs courses (including workshops, retreats, etc organized by a division)	10
EURON courses	10
Thematically related courses/workshops offered by another graduate school or external organization (e.g., NENS, research master)	10
Registered attendance at divisional / departmental lecture series, journal club, etc. (does not include research team meetings); 15 lectures or meetings = 1 credit	3
Poster or oral presentation at annual MHeNs Research Day (0.5 EC each)	2
Poster or oral presentation at a national or international congress (1 EC each)	3
Poster or oral presentation at annual EURON PhD Day (0.5 EC each)	2
Outreach (knowledge transfer) activities (presentations for non-scientists, exhibits, press interviews, etc), organized by MHeNs or UM	2
Peer-reviewing for an international journal (0.5 EC per reviewed paper)	2
Generic training and transferable skills	
Scientific tools (statistics, lab animal care, good clinical practices, radiological safety, microbiological safety, etc)	10
Communication in scientific English (writing skills, presentations, etc)	5
PhD self-management and career development	5
Grant acquisition/ valorization workshops	2
Information and publication skills (trainings in EndNote, databases, media skills, etc)	2
Teaching skills development (PBL training, BKO, etc)	3
Experience in teaching and internship supervision	3
Management roles (PhD representative, organizing lecture series, etc.)	2

¹ For activities for which no ECs have already been established, the Education Commission will award 0.25 credits per half-day course (including preparation and assignments) or will estimate credits, rounded to the nearest 0.25, based on 1 EC = 28 hours study load.

² Maximum number of credits from this activity that can be counted toward the total requirement; there is no set limit on the number of activities that can be undertaken